



ST. GREGORIOS COLLEGE KOTTARAKARA

**BEST PRACTICE -
PATHEYAM**



BEST PRACTICE I: “PATHEYAM”- FOOD DISTRIBUTION DRIVE FOR THE UNDERPRIVILEGED

Objectives

- Make students aware of the seamy realities of society
- Inculcate empathy for the destitute and the underprivileged
- Instill respect for senior citizens
- Encourage students to live out the spirit of service enshrined in the motto
- Impress upon students the importance of collaborative work in mitigating social problems
- Develop the organizational and leadership capabilities of students
- Strengthen the bond and rapport between the college and the larger community in which it is located.

Context:

Coming from different strata of society, the students of our college are blessed with a great commitment to society. They were inspired by the earlier NSS initiative of providing food to the underprivileged. The student’s union took up the initiative, with the support of the college authorities. The purpose of the initiative was to inculcate fellow feeling, the need to share one’s resources with others, and to become socially committed towards building a less divisive and more egalitarian society.

Practice:

Originally begun as an NSS initiative in 2012-13, the student’s union took up Patheyam as a regular practice from 2014-15 onwards. Around 10 to 15 volunteers are entrusted with the task of collecting food packets from students on Thursdays. The students are reminded to bring an extra lunch packet of home cooked meals packed in eco-friendly material. Around five packets are collected from each class and a minimum of 150 lunches are received every week. The volunteers deliver the packets to Kottarakara Taluk Hospital and to Ashraya, a renowned NGO which houses a wide range of underprivileged individuals, including senior citizens and very young children. The student team then

distributes the food packets to the inmates of the Home and the hospitals and if possible, the team spends quality time with the residents.

Evidence of success:

The food distribution drive has been successful in inculcating a philanthropic sense of duty and responsibility towards fellow beings. Ashraya has entered into an agreement with the college in relation to this practice, and a certificate of agreement has been issued in this regard. The number of lunches received and related documentation which is regularly entered in registers and the photographic evidence of the practice go to prove that the Patheyam drive has been successful so far despite some drawbacks. It has been extremely helpful to the charitable organization and beneficial and rewarding for the students who have volunteered in this scheme.

Problems:

The biggest problem with the practice is the difficulty to maintain regularity of distribution. Firstly, the number of lunches collected every Friday depends on the willingness of students. On some weeks and in some batches, there is more engagement and enthusiasm on the part of students, but this support cannot be regularly maintained. Secondly, around ten Fridays are lost every year owing to vacation, holidays, exams and other contingencies. Therefore, the frequency of lunch distribution is affected.

Patheyam



PATHEYAM

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COLLECTED

1	6/6/14	physics	6
		chemistry	8
		maths	5
		Botany	6
		Zoology	7
		Politics	9
		English	6
		Commerce	8



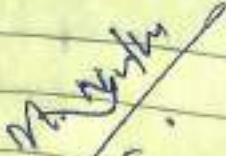
2	13/6/14	physics	4
		chemistry	7
		maths	6
		Botany	8
		Zoology	3
		Politics	5
		English	4
		Commerce	6

3	20/6/14	physics	5
		chemistry	6
		maths	6
		Botany	3
		Zoology	8
		Politics	7
		English	8
		Commerce	1

4	27/6/14	physics	3
		chemistry	8
		Botany	6
		Zoology	6
		Politics	5
		English	2
		maths	3
		Commerce	4



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S.No	DATE	DEPARTMENT	NUMBER OF PACKETS COLLECTED	RECEIVED BY	REMARKS
1	12/9/14	Chemistry zoology botany mathematics physics English Commerce Political Science	7 6 10 4 6 5 7 6		
2	19-9-14	Chemistry zoology botany mathematics physics english commerce Political Science	8 9 9 8 7 3 8 6		
3	26-9-14	Chemistry Zoology mathematics physics english commerce Botany Political Science	6 6 7 6 9 7 4 8		



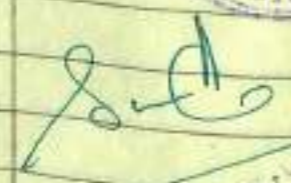
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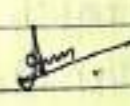

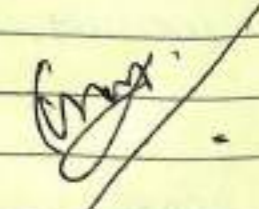

S.No	date	department	numb. of packt collected	Received by	Remarks
1	10/10/14	Chemistry zoology botany physics mathematics english political science commerce	7 7 3 8 1 9 6 5		
2	31/10/14	Chemistry zoology botany physics maths English Political Science commerce	8 7 3 4 2 8 8 7		

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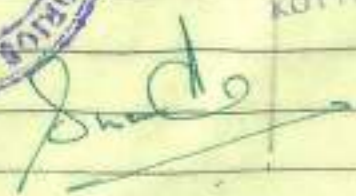
Sl. no	date	department	number of marks collected	received by	remarks
1	7-11-2014	PHYSICS CHEMISTRY MATHEMATICS POLITICAL SCIENCE ENGLISH COMMERCE BOTANY ZOOLOGY	1 5 5 4 3 2 5 6		
2	21/11/14	physics chemistry mathematics political science english commerce botany zoology	1 1 8 7 5 7 7 3		
3	28/11/14	Mathematics chemistry physics Political Science zoology botany Commerce English	4 4 7 8 7 8 3 8		




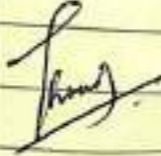


Sl. no	date	department	number of marks collected	Received by	Remarks
1	5-12-14	Physics chemistry mathematics Botany zoology english commerce Political science	3 6 7 9 9 6 7 6		
2	12-12-14	Physics chemistry mathematics Botany zoology English commerce Political Science	4 7 7 6 5 8 7 1		
3	19/12/14	Physics Maths Botany zoology chemistry Physics Political Science Commerce	8 7 7 3 1 0 8 8		
4	26/12/14	Physics Mathematics zoology Chemistry English Commerce Political Science Botany	6 7 8 7 8 0 0 1		



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2015 June

S.No	Date	Department	no. of packets collected	received by	Remarks
1	5-6-15	Physics Chemistry Botany Zoology Mathematics English Commerce Political Science	7 7 7 6 3 0 1 9		
2	12/6/15	Physics Botany Chemistry Mathematics English Commerce Political Science Botany Zoology	6 6 3 5 4 5 6 8 7		
3	19/6/15	Physics Chemistry Mathematics Botany Zoology Political Science English Commerce	6 7 8 6 8 7 8 7		
4	26/6/15	Physics Chemistry Mathematics Zoology Botany English Commerce	5 6 0 5 8 1 6		

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S.No	date	department	no. of packets collected	received by	Remarks
1	10-7-15	Physics Chemistry Mathematics English Botany Zoology Commerce Political Science	6 7 5 6 3 0 7 1		
2	17-7-15	Physics Chemistry Mathematics English Commerce Zoology Botany Political Science	6 6 4 6 3 2 6 4		



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Sl-no	Date	Department	Number of packets collected	Received by	Remarks
1	7/8/15	Physics	6	<i>[Signature]</i>	
		Chemistry	8		
		Botany	7		
		Zoology	1		
		Mathematics	6		
		Commerce	3		
		English	8		
		Political Science	1		
2	21-8-15	PHYSICS	6	<i>[Signature]</i>	
		CHEMISTRY	7		
		MATHEMATICS	3		
		BOTANY	8		
		ZOOLOGY	7		
		ENGLISH	6		
		COMMERCE	9		
		POLITICAL SCIENCE	8		



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Sl.No	DATE	DEPARTMENT	NO. OF PACKETS COL.	RECEIVED BY	REMARKS
1	18/9/15	physics	3	<i>[Signature]</i>	
		chemistry	6		
		Botany	1		
		maths	8		
		English	6		
		commerce	5		
		Political Science	8		
		Zoology	9		



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Sl.No	DATE	DEPARTMENT	NO. OF PACKETS COLLECTED	RECEIVED BY	REMARKS
1	5/8/16	Physics Chemistry Maths English Politics Botany Zoology Commerce	6 7 8 6 6 6 7 6		
2	12/8/16	Physics Chemistry Maths English Political Science Botany Zoology Commerce	1 6 7 8 6 4 5 6		
3	26/8/16	Physics Chemistry Maths Botany Zoology English Political Science Commerce	3 4 5 5 6 7 7 3		



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Sl.No	DATE	DEPARTMENT	NO. OF PACKETS COLLECTED	RECEIVED BY	REMARKS
1	23/9/16	PHYSICS CHEMISTRY BOTANY ZOOLOGY MATHEMATICS COMMERCE POLITICAL SCIENCE ENGLISH	5 6 7 8 5 5 6 8		
2	30/9/16	Physics Chemistry Maths Botany Zoology Political Science English Commerce	5 6 7 7 6 5 6 3		



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Sl. No	Date	Department	No. of packets collected	received by	remarks
1	2-12-16	Physics	6	<i>[Signature]</i>	
		Chemistry	7		
		Maths	5		
		Botany	5		
		Zoology	6		
		English	7		
		Political Science	8		
		Commerce	6		
2	9-10-16	Physics	3	<i>[Signature]</i>	
		Chemistry	7		
		Maths	4		
		English	3		
		Political Science	7		
		Zoology	5		
		Botany	6		
		Commerce	6		



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Sl. No	Date	Department	No. of Packets Collected	Received by	Remarks		
①	6/1/17	Physics	6	<i>[Signature]</i>			
		Chemistry	6				
		Zoology	6				
		Botany	7				
		English	5				
		Commerce	7				
		Political Science	6				
		Mathematics	6				
2	20/1/17	Physics	5			<i>[Signature]</i>	
		Chemistry	6				
		Maths	7				
		English	8				
		Zoology	7				
		Botany	6				
		Political Science	6				
		Commerce	6				






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Sl.No	DATE	DEPARTMENT	NO. OF PACKETS RECEIVED	RECEIVED BY	REMARKS
①	22/9/17	PHYSICS CHEMISTRY BOTANY ZOOLOGY MATHS POLITICAL SCIENCE ENGLISH COMMERCE	6 7 8 8 6 9 8 6		


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Sl.no	date	department	no. of packets collected	received by	remarks
①	8/10/17	Political Science Commerce English Chemistry Physics Botany Zoology maths	6 7 6 6 6 6 6 6		
②	13/10/17	Political Science Commerce English chemistry PHYSICS botany zoology maths	5 6 7 8 5 6 9 5		
③	27/10/17	Maths Commerce Politics English Physics chemistry botany Zoology Political Science	6 7 8 9 10 6 10 6 2		




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S.No	DATE	DEPARTMENT	NO. OF PACKETS COLLECTED	RECEIVED BY	REMARKS
①	5-1-18	English	5		
		Chemistry	6		
		Botany	7		
		physics	5		
		mathematics	6		
		botany	6		
		Zoology	6		
		Commerce	8		
		Political Science	6		

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S.No	DATE	DEPARTMENT	NO. OF PACKETS COLLECTED	RECEIVED BY	REMARKS
①	16/2/18	physics	6		
		Chemistry	5		
		botany	6		
		Zoology	4		
		English	0		
		Commerce	5		
		political science	6		
		mathematics	0		
②	28-2-18	PHYSICS	5		
		CHEMISTRY	6		
		BOTANY	4		
		ZOOLOGY	8		
		MATHS	9		
		POLITICAL SCIENCE	6		
		ENGLISH	5		
		COMMERCE	5		

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Sl. no	date	department	no. of packets collected	received by	Remarks
①	1/6/18	physics	5		
		chemistry	6		
		botany	4		
		Zoology	5		
		of mathematics	6		
		English	7		
		commerce	6		
		political Science	6		
②	8-6-18	POLITICAL SCIENCE	6		
		BOTANY	7		
		COMMERCE	6		
		ZOOLOGY	6		
		ENGLISH	8		
		CHEMISTRY	7		
		PHYSICS	6		
		MATHEMATICS	8		
③	22-6-18	mathematics	5		
		English	6		
		commerce	7		
		political Sci	3		
		physics	2		
		chemistry	6		
		botany	5		
		Zoology	5		

2018/19

S. no.	date	No department	number of poochi collected	received by	Remarks
①	5/10/18	physics	3	<i>[Signature]</i>	
		chemistry	2		
		maths	3		
		botany	3		
		zoology	4		
		english	3		
		political sc.	3		
		Commerce	2		
②	12-10-18	PHYSICS	6	<i>[Signature]</i>	
		CHEMISTRY	1		
		BOTANY	6		
		ZOOLOGY	6		
		COMMERCE	3		
		MATHS	2		
		POL. SCIENCE	6		
ENGLISH	6				
③	26/10/18	physics	6	<i>[Signature]</i>	
		chemistry	5		
		botany	3		
		zoology	3		
		english	3		
		Commerce	4		
		politics	2		
		maths	6		



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S.No	date	department	no. of Pape. coll.	received by	Remarks
①	9-11-18	BOTANY	6	<u>Poojith</u>	
		ZOOLOGY	6		
		POLITICS	7		
		CHEMISTRY	6		
		PHYSICS	6		
		COMMERCE	3		
		MATHS	6		
		ENGLISH	6		

②	03-11-18	Botany	7	<u>[Signature]</u>	
		Zoology	3		
		politics	6		
		Chemistry	6		
		physics	6		
		commerce	6		
		maths	7		
		English	7		

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S.No	date	department	no. of pages coll.	received by	Remarks
①	7/12/18	botany	6	<u>Abhin</u>	
		Zoology	7		
		physics	6		
		Chemistry	8		
		politics	9		
		English	7		
		mathematics	6		
		Commerce	5		

②	28-12-18	PHYSICS	5	<u>[Signature]</u>	
		CHEMISTRY	6		
		BOTANY	7		
		ZOOLOGY	5		
		ENGLISH	7		
		COMMERCE	7		
		POLITICS	3		
		MATHS	8		

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S.no	date	department	no. of packets collected	Received by	Remarks
1	4/6/19	mathematics botany physics chemistry commerce political sc. English English	5 6 7 5 5 6 5 6	<u>Arun Pillai</u>	
2	4/6/19	mathematics botany zoology chemistry commerce political science physics English	5 6 7 8 5 5 6 6	<u>Vivek</u>	
3	21/6/19	physics chemistry maths botany zoology English political sc. commerce	5 6 7 6 6 6 7 5	<u>[Signature]</u>	



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S.No	DATE	DEPARTMENT	NO. OF PACKETS COLLECTED	RECEIVED BY	REMARKS
1	5-7-19	PHYSICS CHEMISTRY MATHS BOTANY ZOOLOGY ENGLISH POLITICAL SCIENCE COMMERCE	5 6 5 7 6 6 5 4	<u>[Signature]</u>	
2	12-7-19	Physics Chemistry mathematics Botany zoology English Political Science Commerce	5 6 7 7 6 6 6 6	<u>[Signature]</u>	
3	26/7/19	Physics chemistry Botany mathematics English political sc. Commerce zoology	6 7 6 3 6 3 5 4	<u>[Signature]</u>	



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Sl.no	date	department	no of packets collected	received by	remarks
1	4/10/19	physics chemistry Botany zoology English mathematics commerce political Science	5 6 5 6 7 5 6 6		Bills
2	11/10/19	Botany zoology english mathematics physics chemistry Political Science commerce	5 4 4 6 5 2 6 5		Receipts
3	25/10/19	PHYSICS CHEMISTRY BOTANY ZOOLOGY MATHEMATICS COMMERCE POLITICAL SCIENCE ENGLISH	6 7 6 6 6 3 4 6		



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Sl.No	DATE	DEPARTMENT	NIO OF PACKETS COLLECTED	RECEIVED BY	REMARKS
1	1/11/19	physics chemistry Botany zoology mathematics English political science commerce	6 7 6 6 7 6 7 7		
2	8-11	Physics chemistry botany zoology mathematics political Science commerce English	3 2 1 5 4 3 2 2		



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