**ASAP REPORT 2018-19**

The Additional Skill Acquisition Programme (ASAP) is a skilling intervention, jointly implemented by the Department of Higher Education and the Department of General Education, Government of Kerala. The classes at Saint Gregorious College started in the month of December. The foundation course is taken by Miss Teny Thomas. The foundation course has been designed with a vision to enhance communicative competence leading to the holistic development of the students. 35 students were enrolled in the current year. Various programmes are organized by the asapians, National and International days are celebrated in the college. Effective communication skills have become increasingly essential to strengthen the personal, social and interpersonal relationship. The different sessions and activities conducted here are directed towards imparting effective communication skills, language proficiency in English, and the skills required for employability and better performance at the workplace.

The approach was student centred, activity oriented, interactive and task-based. The different sessions and activities conducted are;

Personal Skills sessions are designed to introduce students to the concepts of self-awareness, self-confidence. The sessions also helped the students to overcome their inhibitions in using English language, to identify their strengths and develop abilities and aptitudes that are essential for successful social interaction and employability. The activities are designed with a focus on fluency, helping each student to enhance his personal as well as his language skills. The organizational skills help the students to become more efficient, punctual, disciplined and productive. The professional skills sessions focused on developing the skills required for securing jobs. It is especially designed to help the students to identify suitable professions, and develop the skills appropriate for them. The Social Skills focused on developing a set of skills and positive qualities that are essential for success in personal, social, and professional dimensions.

In addition to this we celebrated women’s day in our college. Students presented a mime in front of the public was really good.